

Emanuel Miller Lecture and National Conference

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Eating and feeding disorders in children and young people – advances in basic science, prevention and treatment

10 March 2017 / 9.30am – 4.45pm / London

ROYAL COLLEGE OF PHYSICIANS, 11 ST ANDREWS PLACE, REGENT'S PARK, LONDON, NW1 4LE

Overview

This day conference brings an outstanding line up of speakers who are world renowned practitioners, clinicians and researchers in the area of eating disorders in young people. Their talks will focus on topics that draw on up to date research and practice innovation, including: translating basic neuroscience into clinical practice in anorexia nervosa, treatment for anorexia nervosa, and for avoidant and restrictive food intake disorder, and the role of the voluntary sector in treatment and prevention of eating disorders.

About the speakers

THE EMANUEL MILLER LECTURE WILL BE GIVEN BY:

Professor Beate Herpertz-Dahlmann University of Aachen Germany

Professor Herpertz-Dahlmann is a psychiatrist, and Clinical Director of the university clinic for Psychiatry, Psychosomatics and Psychotherapy of Childhood and Adolescence, and medical professor at the RWTH University (Rheinisch-Westfälische Technische Hochschule), Aachen, Germany. She has been a board member and former president of the German Society for Child and Adolescent Psychiatry, Psychosomatics and Psychotherapy, and a board member of the German Society for Eating Disorders. She is an international authority in the field of eating disorders, especially for her research on day patient treatment of anorexia nervosa, published in The Lancet, January 2014; She also has broader research interests in neuropsychiatric disorders such as early trauma, autism and conduct disorders.

Dr Dasha Nicholls

Great Ormond Street Hospital, London

Dr Nicholls completed her medical training in London and psychiatry training in

Eastbourne and at UCL, before moving to Great Ormond Street to specialise in Child Psychiatry. She was a research fellow and clinical lecturer at the Institute of Child Health, completing a doctorate on aspects of growth and development in early onset eating disorders, before taking up the role of lead for the Feeding and Eating Disorders service in 2001.

She has written national guidelines on the management of eating disorders in young people, and is President-Elect of the Academy for Eating Disorders. She has published research, book chapters and reviews on a number of areas to do with feeding and eating problems in young people.

Dr Rachel Bryant-Waugh

Great Ormond Street Hospital, London

Dr Bryant-Waugh is a Consultant Clinical Psychologist, and Joint Head of the Feeding and Eating Disorders Service, and Lead Psychologist in the Department of Child and Adolescent Mental Health (DCAMH). She is recipient of the British Psychological Society's May Davidson Award for her outstanding contribution to the field of childhood eating disorders. Her research interests include the development of targeted, disseminable interventions relevant to feeding and eating disorders in children, the classification of childhood feeding and eating disorders, factors impacting on the outcome of treatment for eating disorders, assessment and management of parental anxiety, and supporting pregnant women and new mothers with eating disorders.

Andrew Radford

CEO of BEAT

Andrew Radford has been Chief Executive of Beat, the UK's Eating Disorders Charity, since July 2015. He was previously CEO of the

Programme

08.45 Registration and coffee

09.30 Morning Chair's introduction **Prof Stephen Scott**

CBE, FRCP FRCPsych, Professor of Child Health and Behaviour, Director, National Academy for Parenting Research Institute of Psychiatry, Kings College London Head, National Conduct Problems & National Adoption and Fostering Services

09.35 **KEYNOTE SPEAKER** From basic research to clinical treatment in adolescent anorexia nervosa – the benefit of looking both ways **Prof Beate Herpertz-Dahlmann**

10.25 Standardising care for young people with eating disorders: is it feasible or desirable? **Dr Dasha Nicholls**

11.05 Break

11.30 Managing Avoidant/Restrictive Food Intake Disorder in young people **Dr Rachel Bryant-Waugh**

12.10 Question and answer session

12.40 Lunch

13.40 Afternoon Chair's introduction **Prof Frances Gardner**

13.45 **AFTERNOON GUEST LECTURE** The changing role of the charity sector – how BEAT helps more people get help with their eating disorder faster / **Andrew Radford**

14.25 Question and answer session

14.35 Afternoon break

15.00 Early interventions in eating disorders – an adult psychiatrist's perspective / **Prof Ulrike Schmidt**

16.20 Question and answer session

16.40 Closing comments **Prof Stephen Scott**

16.45 Conference close

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Closing date: 9 March 2017. Early application is advised. Confirmation will be mailed out to all delegates who enclose their fee/invoice order. If you have not received confirmation at least one week before the event please contact the Conference Department. Do not turn up on the day without having received confirmation.

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