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# SIBS Group!

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May 2017 Newsletter

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## What do we do?

It was lovely to see some old and new faces at SIBS Group and for us to meet everyone for the first time!

We had lots of fun activities planned which we all enjoyed! We made our beautiful name tags, and played Line Ups so everyone could get to know each other. We also wrote down lots of feelings words on bricks to make our Feelings Wall. This helped us when we were talking about ourselves.

We played a fun balloon game using describing words to talk about different experiences. This helped us to think about how we felt and how each other felt.

We made a worry box

and we chose someone that we could talk to about our worries. We decorated them with *lots* of glitter! We took home a letter to give to our chosen person, and some sample notes that we can write on.

We also played the Spider's Web game which made us giggle a lot! We thought about what we all had in common and showed that lots of people feel the same way as we do for lots of

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## Updates

Next SIBS Groups:

- ☺ Sunday 11th June
- ☺ Sunday 16th July

Please email Verity to book a place:

[verityl@blossomhouseschool.co.uk](mailto:verityl@blossomhouseschool.co.uk)



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## Future Groups

Currently our SIBS Group is for 7-11 year-olds who have a brother or sister with a disability. We aim to provide additional groups for older and/or younger children going forward; therefore please let us know if you feel your child would benefit from attending.

Hopefully see you at the next group!  
Verity and Fiona

